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Natural Organic Hair And Skin Care: Including A To Z Guide To Natural And Synthetic Chemicals In Cosmetics





Synopsis

Tips for developing your own natural skin care and scalp products. Dictionary of natural and synthetic cosmetic ingredients, their ingredients and performance.

Book Information

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Customer Reviews

Tips for developing your own natural skin care and scalp products. Dictionary of natural and synthetic cosmetic ingredients, their ingredients and performance.

This is a rare and excellent book to have! It's written by the late Aubrey Hampton who started a company called "Aubrey Organics." After he died, I understand that the company has changed hands but products of the new company are questionable, at best. It's now being sold again so who knows? As for the book, it goes into much greater detail than most any other book out there. Most are just recipe books. I'm glad to own it!

A Classic. THe company has moved away from the visions of its creator. If a person is into natural health, it is a mandatory read.

ANYTHING written by Aubrey Hampton is worth reading!!!

NOT ONLY does he give you recipes on how to create you're own recipes towards the end of the book, but he tells you about company secrets using petro-chemicals to cut costs, and what kinds of chemicals and herbs are good AND bad for you. He also informs us of his childhood in the

beginning, which I found very pleasant to read. This guy knows his stuff, this book is under-rated!!!!!!

Ok

Interesting

This book explains everything that you want to know about the ingredients in hair care products, and you will also find out that the chemicals are in a lot of other products too. Those big words on the back of the label finally mean something. And yes, I do keep a list in my purse of the chemicals I don't want in my products!

Fast shipping! Great condition!

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